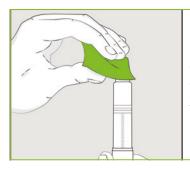
BDTM Pen Needles Instructions for use



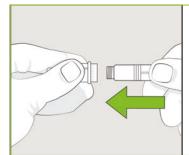
Remove the pen cap, and disinfect the stopper if your diabetic nurse/doctor has given you instructions to do so.





Dial your medication dose.





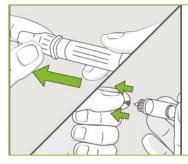
Wash your hands. Remove the seal, push the new needle straight onto the pen and screw it on tight.





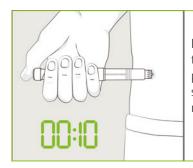
Inject as prescribed. Pen needle 4-5 mm: Inject straight in at a 90-degree angle.¹⁺

Pen needle 6 mm and longer: Inject at a 45-degree angle with a lifted skin fold.



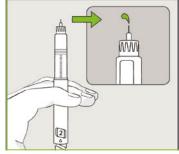
Remove the outer shield, then remove the inner shield.





Press the thumb button down to inject. With the button still pressed down now count for 10 seconds before removing the needle from your skin.





Check the flow of medication by dialing 2 units, and with the needle facing up, press the thumb button until you see a drop of insulin. Repeat if necessary until you see a drop of insulin.





Discard the used pen needle in a sharps disposable container.



- * Always check your pen or insulin syringe needle manufacturer's Instructions-for-Use and your insulin expiration date.
- † Children from 2 to 6 years old or extremely lean adults may need to use a pinch-up technique. (Lo Presti D, Ingegnosi C, Strauss K. Skin and subcutaneou thickness at injecting sites in children with diabetes: ultrasound findings and recommendations for giving injection. Pediatr Diabetes. 2012;13(7):525-553.)

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